xnerience who moved to the UK as asylum lesson that as women w that their are people out there of the world on our should rnational Women's day, I e had the chance to meet **Racheel Osando** As a young women myself it's of London

wided me with the reminders what may feel like the w g their time and I look to cor

Queen Mary University

The Duke and Duchess of Cambridge, Prince William and Kate, visited the East London Mosque and London Muslim Centre, to meet staff and volunteers who supported the needy and vulnerable during the lockdown, as well as some of the beneficiaries. They were impressed by the leadership of the Mosque and Sufia Alam during the pandemic.

> Afsana Salik Community Organiser Citizens UK & Queen Mary University of London afsana.salik@citizensuk.org

**OMEN 100** 

OMEN 100

We're a people powered alliance dedicated to challenging injustice and building stronger communities for everyone









Sufia Alam from East London Mosque Sabina Nessa Vigil organised by Maryam Centre and Women100.



Silent retreat 2019. Four Muslim leaders and four Christian leaders from Women100 went for a retreat to reflect and reconnect with their purpose of fighting for justice and how their faith motivates them to social justice.

# **OUR VISION**

Every woman engages in their local community; leading & negotiating for change.

### About Women 100

Women 100 is a community for women in East London from all/no faiths, all ages backgrounds and to come together to develop themselves as leaders and increase women's participation

in the community and from political decisionmaking process. Our journey started January 2019, with a small fund from

Citizens

then,

300

and

UK.

we

women

Barking

Dagenham. Members

alliance initiated the programme, founding in members are the East London Mosque, St Georges in the East near neighbours and Church, Muslimat Since London, E1 community Church, Queen trained from Mary, University of East London mainly London, The Theology from Tower Hamlets, Centre and Tower Hamlets Citizens. Newham, Redbridge &

Citizens UK



International Women's Day 2022 at Dawatul Ummah. Celebrating those wome who broke many barriers and achieved so much for their communities.



Al-faradhi, Razna Mind Tower Hamlets, Newham and Redbridge.

Women100 is an initiative that aims to bring women from all/no faiths to come together and collectively work to help lift each other up to better society. Through this I was able to work with other leaders from Shadwell and build a housing campaign, resolving dispute between а the Council and private developers. Through our well planned and well structured campaign, we won the case. This heightened my confidence even more.

after Soon and during the pandemic, appointed was community as а engagement officer by that the centre of theology community for and Shadwell. Using mother Community organising training, we were able understand local issues and make some changes. These included offering digital devices and increasing digital literacy for BAME communities, making GPs services more accessible, making Iceland ioin Government free school meal scheme, offering friendly services and responding to food poverty.

One of my challenges

from digital of Women100 issues changes

*N*OMEN 100 <sup>\</sup> MOMEN 100

was keeping my self grounded and keeping my self strong as some of the lived experience shared was was very emotional. As a women and a this really matters to me I don't want my child go hungry or excluded education because of a lack devices. allowed me to work on those bring and using Community organising and leadership tools.

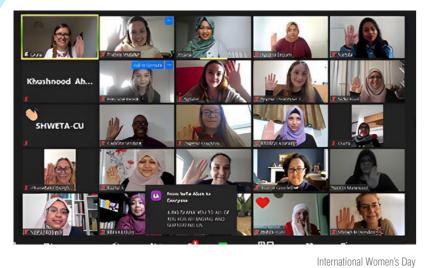
iustice Social is part of my faith and my organisation and Women100 is platform where а women of all faiths or none can come and develop themselves and increase capacity for their institutions. As an organisation we want to make sure women are represented well in management and leadership positions. Women100 training equips women with skills such

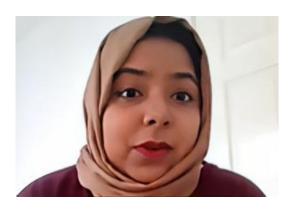
negotiations. as storytelling and that leadership broaden women's opportunities to leadership positions. Locally, we have had some Women100 leaders who have become parents governors for school, trustees for faith organisations. Well done Women100 and happy international women's day to you all!

**Hayley Still Salvation Army Stepney** 



Women100 won the most innovative award by TELCO Citizens in 2019.





Apsana Begum MP joined the celebration virtually in 2021 to show her support for women's development.

I believe that my involvement in Women's 100 has been highly beneficial on a personal level to me. This is because my involvement has helped me to grow as an individual as it has enabled me to have had improvements in my confidence with

WOMEN 100 NOMEN 100

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public speaking and my project management skills. Overall, I would highly recommend being involved with Women's 100 for any young person!

Jennifer Perez Mary Queen **University of London** 

# **OUR STORIES**

Community Organising Internship with Citizens UK has been something I have found to be of great personal benefit, especially as a young woman. Quite often, especially within different cultural contexts, we can find that young women are discouraged from developing strong leadership skills and therefore struggle with feelings of both personal professional and confidence. Personally, during my internship, this is something I have found myself confronting, feelings associated with imposter syndrome and a lack of confidence are

2021- Due to Covid-19 we

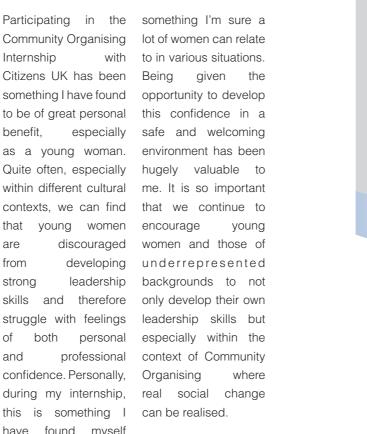
celebrated lwd21 virtually,

leaders, political leaders and

150 people attended the celebration, including Faith

community leaders

Being encourage Organising can be realised. the



Tishani Di Silva





# **OUR AIM**

To 1) increase women's participation in public life by giving leadership and community organising training to women from different organisations.

in



Recognition from former Mayor of Tower Hamlets John Biggs. organising and leadership by women 100, some of the women

Women100 received the most innovative leadership of the year by TELCO Citizens in 2019.

between women from all/no faiths and ages the community.

2) Create togetherness 3) To inspire women to take leadership role in their institutions, so their voices are heard and taken into decision making processes.

4) Bring justice in the for women by community, equipping them with tools to make change in the community.

3



Councillor Rachel Blake. International Women's Day 2022 on zoom. Sharing her reflection of importance of women development for the Council

**NOMEN 100** NOMEN 100

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### **OUR STORIES**

What I learnt was power isn't your position but working together collectively brinaina people together to take action around our common concerns and overcome social injustice that we face. Building relationships is so important, l've also learnt that you can't impose your ideas and your vision on people, but you have to work together in order to bring about change. The training taught me the impact and how to negotiate something I was not good at. But I am pretty confident after the training that I can negotiate as I was taught the art and the skills of being effective in negotiating. Sabia Kamali, CEO Sisters Forum (Cllr in Newham council).

I am not a Muslim. I am a Christian. I am a British Citizen who believes that people have the right to live out their beliefs if it brings no harm to others. The niqab is widely worn in Tower Hamlets and brings neither threat nor division. A mother has the right to access her child's school without shame or being treated as a second class citizen. I believe the rules around the nigab were against human rights and therefore I was proud to stand alongside fellow mothers and support campaign in their school. Sarah the E1 Warburton,

Community Church.

of exploring my capabilities as being ME after becoming a mother to 5 children and a housewife for 23 years.. Being part of community organizing was a steppingstone self-satisfaction to and accomplishment on a dynamical scale. Women100 for me is all about creating a space for ordinary women to act in public life, demanding a place in decision-making the Yesmin process Welfare Beaum Advisor at a local Advice Centre.

I was in the midst

I have just completed Women 100 training with а group of 30 women from 8 organizations - we met at the East London Mosque for weeks 1 and 2 and St George's East for weeks 3 and 4. We learnt about power, 121, cycles of action, how to build a team and negotiations. This course specifically focused on women's leadership within their community and their organizations. I found this training helpful and it has made me think of new ways to be a leader. Catherine O'Shea. **ESOL** Teacher, ELATT.

community activist for many years now but joining women 100 has enabled my work and build my confidence insight in public speaking as well as the importance of the structural system in project management and organising events.

I have been

Razna Al-faradhi **Mind Tower Hamlets** 

Since I completed community organising training, I have been actively engaged in the community started building relationship with community leaders and institutions. An example of this is my involvement in hate crime Action, delivering workshops on hate crime to institutions. Taking our concern to the mayoral assembly has developed my confidence in public speaking as well as how to work with

a others to build power, I have also been to a retreat with Women different from faith which gave me an into other community faiths and helped me strengthen relationship m۱ with other women in the community. Ayesha Khanom, **East London Mosque** 

There are few things

Canal Constant

that have left me feeling as empowered as I did after attending Women100 training. Being in a room full powerful women of who want to see and make positive change in their communities inspiring to say is least. Now, more the than ever, we need develop women to in our communities as leaders, to fight injustice and inequality. Elizabeth Beatrice Easdale-Cheele (Queen Mary University of London).



Women100 training in Newham, 12 leaders from Spresha programme completed Women100 leadership training. Spresha Programme aims to develop Albanian and other Eastern European communities in Newham using Community organising leadership training by Citizens UK.



First International Women's Day celebration by Women100 in 2018, in St George's in the East Church in Shadwell. 102 people attended and shown their interest to continue to develop Women100 and women leadership in the borough.



Women100 community Organising and leadership graduation ceremony at Newman University, Birmingham- we have 10 leaders went to do a course on community organising and leadership, and graduated from Newman University in 2021.